



# CAREGIVERS

## The Buenaventura INTERFAITH Volunteer Program

Sponsored by the Sisters of St. Joseph of Carondelet

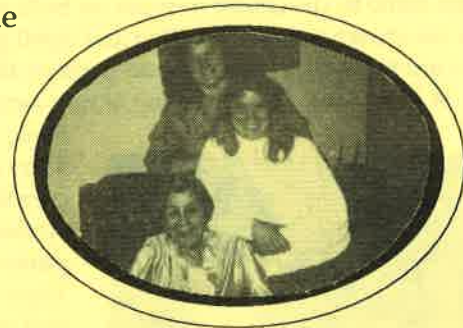
Summer 1990

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### TWO ON A MATCH

The picture below--a family portrait of a grandmother and two granddaughters? No, it is a portrait of a match--the match between Irma Valley, a wheelchair bound senior living alone and Crystal Davidson and Donna Laughlin, two high school students from Ventura High School. This match between these two active high-schoolers and charming Mrs. Valley is indicative of the scope of persons making up a match. Seniors receiving services are always over sixty and have unavailable or inadequate family and social service support. The only commonality of volunteers is their commitment to "do something" for someone else.

Crystal and Donna serve as an amazing team to meet the needs of Mrs. Valley. Grandparents of each girl had recently died when one of their mothers saw a little notice in her church bulletin asking for volunteers for Buenaventura Interfaith Volunteer Caregivers. The girls volunteered and were soon matched with Irma.



They coordinate doctors appointments, take her for appointments and errands, serve as granddaughters in the absence of Irma's children and grandchildren who live elsewhere. In return Irma shows great interest in the girls school activities and future plans much as a caring grandparent would. The rewards are great for Irma, Donna and Crystal--this match is truly one of love, of giving and sharing--that's what caregiving is all about.

Contents	What's Cooking?
To Care and Share..... 2	Time to order "Ah yes, I Remember it Well" the cookbook being prepared from recipes of all persons participating in Buenaventura Interfaith Volunteer Caregivers programs. The cookbook will be available November 1, 1990, in time for holiday gift giving. The book sells for \$7.50 per copy. See enclosed flyer for ordering information. Books will be sold on a pre-paid, pre-order basis.
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# TO CARE AND SHARE . . .

## Volunteers, One of Our Most Valued Assets

Interested in volunteering to work in the Buena Ventura Interfaith Volunteer Caregivers program? Our program offers a real opportunity to care and share-- your talents are needed as we continue to expand our program. We have abundant needs for volunteers in a variety of program areas. Additionally, we have wonderful volunteers that serve as role models. Many serve in more than one volunteer capacity. We also have some persons receiving services that are able to "give back" by doing some other volunteer effort. To inform and inspire you we offer a little sketch of a few of our volunteers and what they do to enhance the good works of our program.

Introducing, Bob and Sybil Kulzer.....

The Kulzers of Ventura serve as respite volunteers and often come to the center to work on bulk mail projects (as shown in picture). Bob and Sybil go as a team to care for totally homebound persons that require 24 hour care. This gives the family caregiver some respite. They often care for Alzheimer's patients. Their love and generosity of spirit are an inspiration to all they serve and to all



who participate in our program.

Please meet Janet Bechtel and Anna Roth.....

Janet Bechtel combines family including eight grandchildren, church, travel and volunteer caregiving to make for a very active retirement. In addition to helping someone with shopping and errands Janet often volunteers to come to the office to assist in large bulk mailing projects. Janet is one of our many retired persons who volunteer to offer "neighborly assistance" to our elderly in need.

Anna Roth is both a person served and a volunteer. She is very supportive of both programs. She is shown here enjoying the social activity of working with

other volunteers in getting out bulk mail. She was recently taken by her volunteer caregiver to attend a baby shower for her granddaughter. While there Anna and her volunteer, both many years older than the guests in their 20's and 30's, enjoyed sharing a social afternoon. Without a volunteer that cared Anna would not have been able to participate in the fun and festivities. Anna is now the great-grandmother of Jerrid Butler born March 31st.



Enter Volunteer Extraordinary – Daphne Brooking..... Daphne is representative of many volunteers that have been with our program since the beginning. She has been a volunteer caregiver since February 1986. Daphne continues to volunteer in all areas of our program. She has done week to week caregiving for a person served and has done respite care. Every Tuesday she can be found doing volunteer work in the office. Additionally, Daphne serves as a volunteer coordinator monitoring thirteen matches. Daphne, herself a senior, has such enthusiasm for all persons served and volunteers in our program. Her interest and effort is inspiring to all who work with this eager and loving volunteer. If you are interested in talking to a volunteer who is truly "sold" on Buena Ventura Interfaith Volunteer Caregivers, call the office on Tuesdays and talk to Daphne. You will be ready to volunteer in a minute!



These five wonderful volunteers profiled are just a small representation of the many who make our program such a success. The volunteer effort of people coming from various churches and the community at large provided 3667 hours of services to the homebound elderly in Ventura and Santa Paula during the month of March. Please let us know if you would like to volunteer this month or in the future.



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## PROGRAM NOTES . . .

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### • from Ventura

Looking back over matches between persons served and volunteer caregivers in Ventura during the past six years we are aware of the tremendous gifts our volunteers bring to our program. Many of our volunteers are of the "golden years set" themselves but they continue to serve their peers in endless ways.

A wonderful example of a retired senior enhancing our effort is John Atkinson of Ventura. John is a Northrup retiree who gives freely of his time to help others. Along with caring for his ailing wife he renders services to two charming ladies in Ventura. Both are dependent on John for transportation to medical appointments and for errands and grocery shopping. One of John's latest adventures was taking one of his persons served to the beauty shop! Whatever assistance these ladies need John always gets the job done! John found Volunteer Caregivers in a Senior Services Guide.

Our program is wonderful for the person who wants to make a difference by volunteering. It's terrific--no meetings, no dues, no bake sales or involvement in fundraising--all that is necessary is your commitment to help someone during the limited hours you have available. Perhaps you would enjoy reading to a blind person; taking a person with you when you go to the grocery store; helping someone through the maze of bill paying and filing insurance forms; or just being a friend to someone who is lonely and anxious to talk. Whatever your interest and abilities there is a senior in Ventura waiting for an assist.

If you are retired, or otherwise, and wish to make a difference in someone's life please give Sr. Patricia Callahan, C.S.J. a call at 652-0566 or 656-4442. She will be very happy to match you with a deserving senior needing your care and assistance.

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We remember fondly these who shared their later years with us.

Sadie Carpenter  
Miriam S. Haskett  
Lucille Hasler  
Joe Lomelin

### • from Santa Paula

Volunteers are making a difference in Santa Paula! There is a spot for you in our program regardless of how much or how little time you have to offer. Whatever your time and interests are there is undoubtedly a senior desiring and needing your help.

Consider this "perfect match" between Myrtle Fontaine and Carolyn Luftenburg of Santa Paula. Myrtle needed someone to take her on weekends to see her husband in the local convalescent hospital. Carolyn, a charter employee of Santa Paula Memorial Hospital, with long work hours still wanted to volunteer but was unsure of what she could contribute to our program due to her lack of daytime, weekday availability. Once Volunteer Caregivers matched Myrtle and Carolyn a fast friendship developed. Carolyn not only takes Myrtle to visit with her husband, but she shares in the visiting and the problem solving that confronts many seniors with inadequate or unavailable family or social services support. Carolyn shares her time and knowledge to make a real difference in the lives of two very special seniors.

As our ministry expands in Santa Paula we are in need of volunteers to render a variety of services. If you work and have a very limited time to volunteer we still need you! We have seniors that need assistance in the evening and on weekends in addition to regular weekday, daytime hours. Our services are limited only by the volunteer hours available.

If you are unable to render one-on-one services perhaps you would enjoy volunteering for program support. We can always use help with development and in other program areas.

If you know someone needing the services of a volunteer caregiver please have them call us. Program brochures are available to individuals, churches and other organizations in English and Spanish. Staff and board members are available to present informational programs for your organization.

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We offer condolences to the family of Loree Harrison, a lady we were privileged to know.

# TO OUR GENEROUS DONORS, WE SAY THANK YOU

February 1, 1990 - April 4, 1990

## INDIVIDUALS

Anonymous  
Ruth Agiular  
George and Ellen Appel  
Virginia Baptiste  
Jack and Joyce Cantrell  
Claude Coffman  
Helen T. Collins  
Charlotte E. Cooper  
Ellen L. Dick  
Bernice Dixon  
Ellen B. Eden  
Ilona Fulop  
Dorothy Gimblett  
Rosemary Kelley  
Veva I. McCord  
Dorothy E. McNulty  
Frances Mostert  
Dorothy Park  
Dorothy Raymer  
Mr. and Mrs. Bruce Reeve  
Kenneth and Barbara Ritza  
Emma Rose Rush  
Marion E. Smith  
Winifred Smith  
Mildred K. Snowden  
Robert H. Stapleton  
Nancy K. Tate  
Silva Todd  
Rose B. Tucker  
Fred and Sarah Ulam

## IN MEMORY OF:

Henry H. Wright  
by  
Gertrude M. Campbell

Lucille Hasler  
by  
Community Presbyterian Church

Anna Palyu  
by  
Dr. and Mrs. Dennis Longwill

Katherine Hoskins  
by  
June E. McRedmond

Janice Mousel  
John Silva  
Dr. Terry Tushla  
by  
Dr. Daniel and Kathryn Murphy

Christine Castle  
by  
Dolores Patrie

CorReen Hamilton  
by  
Ben and Kay Peterson

Dawn Bailey  
by  
Mrs. Leo J. Rheume

## ORGANIZATIONS

Anonymous  
Basso Distributing Co., Inc.  
John B. Collet, D.P.M.  
Community Presbyterian Church, Board of Deacons  
Soroptimist International of Santa Paula

## IN HONOR OF:

George and Ellen Appel  
In Appreciation for Services  
from  
Mr. and Mrs. Bernard Levitt

# MESSAGES . . .

## • from the Director

While reflecting on the work of our volunteers in our program I realize the impact they make on the persons they serve. Volunteers are often the only "window to the world" the homebound elderly have. Often times a volunteer will share something that indicates the level of impact the match between person served and caregiver has on the volunteer. So it is with Carol Basralian, volunteer caregiver and volunteer coordinator, who recently shared this story with me.....

### "In memory of Geneva.

I didn't know her for a very long time but we became friends very fast. She just needed someone to make sure she was all right. She lived on the Avenue and did not have much. What she had she took care of. Her kitchen chairs were ripped and unstable. I worried about them collapsing, so I bought two at the thrift store and brought them to her. She was so happy and appreciative and I felt better too. A month later she was in the hospital. When I visited her soon after she was very animated and happy that I was there. After she was released, she asked me to take her to the doctor. On the way back to her apartment I asked 'Do you want to see the ocean?' Her eyes lit up and she replied 'I haven't seen it in over four years. That would be wonderful.' We went to the new Surfers Park and she marvelled at the windsurfers, surfers, bicyclists and all the children skating pass our car. She was delighted but kept saying 'You sure you don't have anything better to do?' I assured her that I did not and I am so glad we had that time together because about a month later she was gone.

And so, once again God reminds me that life is so fragile and I find I am the happiest when I am serving Him."

## • from the Board of Directors

by Virginia Camarillo  
Chairperson Elect, Board of Directors

The Board of Directors is excitedly preparing for the coming year. Newly-elected officers for 1990/91 are:

- Chairperson: Virginia Camarillo**  
(Administrative Analyst, County of Ventura)
- Vice Chairperson: Jack Collings**  
(Mechanical engineer)
- Secretary: Sheri Oelschlager**  
(Senior Nutritionist, Ventura College)
- Treasurer: Frank Cavola**  
(Retired engineer)

The Board is involved in a process of enhancing its organizational skills. Committees have been developed to better channel our efforts to strengthen the Board support for this ministry. Current Committees are: Communications/Public Relations/Programming, Finance/Personnel and Fund Development.

Board membership is not required for participation on a Committee. We invite anyone to donate energy and time to assist the elderly in our community. Your desire to serve on any of our Committees is all that is needed to participate in this worthwhile program. We are also seeking additional members for our Board of Directors and Advisory Board.

If you are interested in working with us in any capacity, please contact either Jack Collings (642-9028) or Sister Patricia Callahan, C.S.J. (652-0566 or 656-4442) to volunteer or obtain more information about how you can help.

## Calendar

May 28, 1990 Monday  
June 2, 1990 Saturday  
June 5, 1990 Tuesday  
July 4, 1990 Wednesday  
July 10, 1990 Tuesday  
July 11, 1990 Wednesday  
August 14, 1990 Tuesday  
August 20 - September 3, 1990

Closed - Memorial Day  
**Board of Directors' Retreat Day** 9:00 a.m. to 1:00 p.m. at Josephs  
**Volunteer Recognition Dinner** 6:00 p.m. at Knights of Columbus Hall  
Closed - Fourth of July  
**Board of Directors and Committee Meetings** 7:00 to 9:00 a.m.  
**Coordinators' Breakfast** 8:00 to 9:00 a.m.  
**Board of Directors and Committee Meetings** 7:00 to 9:00 a.m.  
Closed - Summer Vacation



# Buenaventura Interfaith Volunteer Caregivers

Sponsored by the Sisters of St. Joseph of Carondelet

Executive Director: Sister Patricia Callahan C.S.J.  
Associate Director for Santa Paula and Director of Development:  
Glenda Anlauf Hendrick

## Volunteer Caregivers: matched.....with.....the homebound

- reach out to the frail and elderly & isolated in their own homes
- respite care-support the family caregiver
- link the needy with community resources
- train & support volunteers in basic caregiving skills
- provide 2-4 hours weekly of neighborly, non-professional assistance with personal care, home management, social contacts, transportation

### A Ministry in Ventura:

Community Presbyterian Church  
Eastminister Presbyterian Church  
First United Methodist Church  
Knights of Columbus Council 2498  
Our Lady of the Assumption  
Catholic Church  
Sacred Heart Catholic Church  
San Buenaventura Mission  
Sisters of St. Joseph of Carondelet  
College United Methodist Church  
Trinity Lutheran Church

### A Ministry in Santa Paula:

St Sebastians Catholic Church  
First Presbyterian Church  
St Paul's Episcopal Church  
Assembly of God Christian Center  
United Methodist Church  
Santa Paula Christian Church  
Disciples of Christ  
El Buen Pastor United  
Methodist Church  
Our Lady of Guadalupe  
Catholic Church  
SP Ministerial Association

Tax deductible contributions or memorials may be made to:

### **VOLUNTEER CAREGIVERS**

261 North Catalina  
Ventura, CA 93001  
805-652-0566 or 656-4442 (Ventura)  
805-525-7523 (Santa Paula)

A United Way Agency

Sisters of St. Joseph of Carondelet  
Buenaventura Interfaith Volunteer Caregivers  
261 No. Catalina St.  
Ventura, CA 93001

Non-profit Org.  
U.S. POSTAGE  
PAID  
Permit No. 5  
Ventura, CA

ADDRESS CORRECTION REQUESTED

